



FOR IMMEDIATE RELEASE

CHI St. Joseph's Health Now Offers 3D Mammography

PARK RAPIDS, MN (December 18, 2018) – CHI St. Joseph's Health announces the installation of a new 3D mammography system. This latest technology provides higher resolution images to allow physicians to see breast tissue in greater depth and clarity. The Siemens MAMMOMAT Revelation system provides wide-angle breast tomosynthesis, which offers a better view of breast tissue than a standard mammogram. New technology provides individualized dosing, which is based on individual breast characteristics, to minimize patient radiation dosage and exposure – up to 30 percent lower dose.

The Revelation system has the widest image acquisition angle at 50 degrees for the highest depth resolution – up to 3.5 times wider than narrower angles, for better separation of overlapping tissue. The result is high-quality 3D images that improve diagnostic confidence and detect lesions earlier. Individualized compression applies pressure only as long as the breast is soft and pliable, helping to ensure a more comfortable exam experience.

"Our patients are our number one priority; our goal is to make sure they have the best care and technology possible. When we are able to provide a service from beginning to end, we become the difference in our patients' lives," says Tricia Hoyt, CHI St. Joseph's Health Radiology Technologist.

Nearly half of women have dense breasts, complicating efforts to detect lesions. Radiologists assess density visually after the patient leaves, leading to unnecessary callbacks. The Revelation is the first system with automated breast density measurement during the exam for instant and personalized risk stratification.

“Our new 3D mammography machine offers increased comfort for patients through softer compression by automatically stopping when optimal compression is reached, providing patients with a more pleasant experience,” says Arlene Copp, CHI St. Joseph’s Health Radiology Manager. “It will also allow us to perform a stereotactic biopsy on-site, so patients don’t have to be referred and travel for this care.”

One in eight women will be diagnosed with breast cancer. More than 40,000 will lose their lives. To beat it, you must find it. If you find it early, the five-year survival rate is greater than 99%. “This technology will give our patients the best care available today,” says Copp.

Good breast health is about individual women who deserve the best that science has to offer. The Siemens MAMMOMAT Revelation is built for their personal needs and pushes the boundaries of what’s possible in the fight against breast cancer.

Early Detection is Key

1. Schedule a screening mammogram every year. The American Cancer Society recommends women age 40 and older have an annual mammogram.
2. Schedule an annual clinical breast examination. The best way to detect breast cancer early is to combine annual mammograms with a yearly clinical breast examination by your healthcare provider.
3. Perform monthly breast self-examinations. Regular self-exams permit women to detect early changes and small lumps in the breast. If you discover any of these changes, notify your healthcare provider immediately.

“CHI St. Joseph’s Health is committed to the fight against breast cancer and improving women’s health,” says Ben Koppelman, CHI St. Joseph’s Health President. “By offering the most advanced digital 3D mammography technology, we can provide the best and most effective imaging for breast cancer screening.”

Please join CHI St. Joseph’s Health for a 3D mammography Open House on January 23rd from 2-6pm to celebrate this exciting new offering and introduce you to their 3D mammography service! Starting January 1, 2019, patients will be able to schedule their 3D mammogram without a referral from their provider. To learn more, or schedule your 3D mammogram, please call CHI St. Joseph’s Health Radiology Department at 218.616.3153

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Cutline

CHI St. Joseph’s Health announces the installation of a new 3D mammography system. CHI St. Joseph’s Health Staff from left to right; Arlene Copp, Radiology Manager and Radiology Technologists; Kristen Lund, Tricia Hoyt and Michele Decrans.

About CHI St. Joseph's Health

CHI St. Joseph's Health is a 25-bed critical access hospital serving communities in Hubbard, Becker, Cass and Wadena Counties since 1946. In recent years, CHI St. Joseph's Health's award-winning teams received several national honors including: The Joint Commission Top Performer on Key Quality Measures in surgery; Top 100 Critical Access Hospital, HealthStrong; WomenCertified's America's Best Hospitals Women's Choice Award in obstetrics; and the Studer Group Fire Starter Healthcare Organization of the Month among other national, regional and state recognitions.

About CHI

St. Joseph Hospital is part of Catholic Health Initiatives (CHI), a national nonprofit health system based in Englewood, Colorado. The faith-based system operates in 18 states and includes 103 hospitals, as well as long-term care, assisted- and residential living communities; community health services organizations; home health agencies and outpatient facilities and services. In fiscal year 2016, CHI provided more than \$1.1 billion in financial assistance and community benefit. CHI generated operating revenues of \$15.9 billion and has total assets of approximately \$22.7 billion.

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