



## Center for Weight Management

FOR IMMEDIATE RELEASE

### **Free weight-loss education event set in Fargo**

**PARK RAPIDS, MN (April 4, 2016)** – If you're serious about weight loss and want to learn more about surgical and medical weight management solutions, there will be a free weight-loss education event from 6-8 p.m. Monday, April 18 at the Ramada Plaza & Suites in Fargo, ND.

This regional event will be presented by the CHI St. Joseph's Health Weight Management Center and Essentia Health Park Rapids Clinic team. You will hear about options available to you, and experts can answer questions about your weight-loss goals. Free body composition screening will also be available.

The Weight Management Center is a Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program and a Blue Distinction Center for Bariatric Surgery by the Blue Cross Blue Shield Association.

Your healthcare insurance carrier will want to know about these important credentials, as major health plans recognize these facilities for their commitment to patient care, long-term success and good outcomes.

Offerings include gastric bypass, sleeve gastrectomy, modified duodenal switch, adjustable banding and revisional procedures. Learn about clinical research that shows weight-loss surgery to be superior to traditional medical treatment for people with type 2 diabetes.

Innovative medical services include nutrition, lifestyle and medication interventions.

To pre-register, please call Theresa at 218.732.2837 or e-mail:

[theresa.henderson@essentiahealth.org](mailto:theresa.henderson@essentiahealth.org).

The Ramada Plaza & Suites is located at 1635 42<sup>nd</sup> Street SW in Fargo.

**About CHI St. Joseph's Health**

*CHI St. Joseph's Health is a 25-bed critical access hospital serving communities in Hubbard, Becker, Cass and Wadena Counties since 1946. In recent years, CHI St. Joseph's Health's award-winning teams recieved several national honors including: The Joint Commission Top Performer on Key Quality Measures in surgery; Top 100 Critical Access Hospital, HealthStrong; WomenCertified's America's Best Hospitals Women's Choice Award in obstetrics; and the Studer Group Fire Starter Healthcare Organization of the Month, and the Minnesota Hospital Association Patient Safety Excellence Award among other national, federal and state recognitions.*

**About CHI**

*Catholic Health Initiatives, one of the nation's largest health systems, was formed in 1996 to strengthen the Catholic health ministry for the future. With deep roots in the tradition of expressing Christ's love by caring for those in need, Catholic Health Initiatives serves more than four million people each year through acute care hospitals; long-term care, assisted and residential-living facilities; community-based health services; home care; research and development; and reference laboratory services.*

###

Contact: Judy Miller  
Communication/Marketing Manager  
CHI St. Joseph's Health  
600 Pleasant Avenue  
Park Rapids, MN 56470  
218.616.3310