



WIC is an Essential Service and Benefits are available!

WIC is open, with most screenings and appointments completed by phone due to the COVID-19 situation.

WIC Benefits are available to eligible Pregnant or Postpartum Women, and Children from Birth to age 5.

Please call CHI St. Joseph's Health Community Health at 218.237.5464 to schedule a phone appointment.



If you have recently had a change in income, you may now be eligible for WIC benefits. Please call for more information. WIC provides healthy, nutritious foods for participants, and benefits can be used at stores throughout the state of Minnesota.