

How to Make a Face Mask

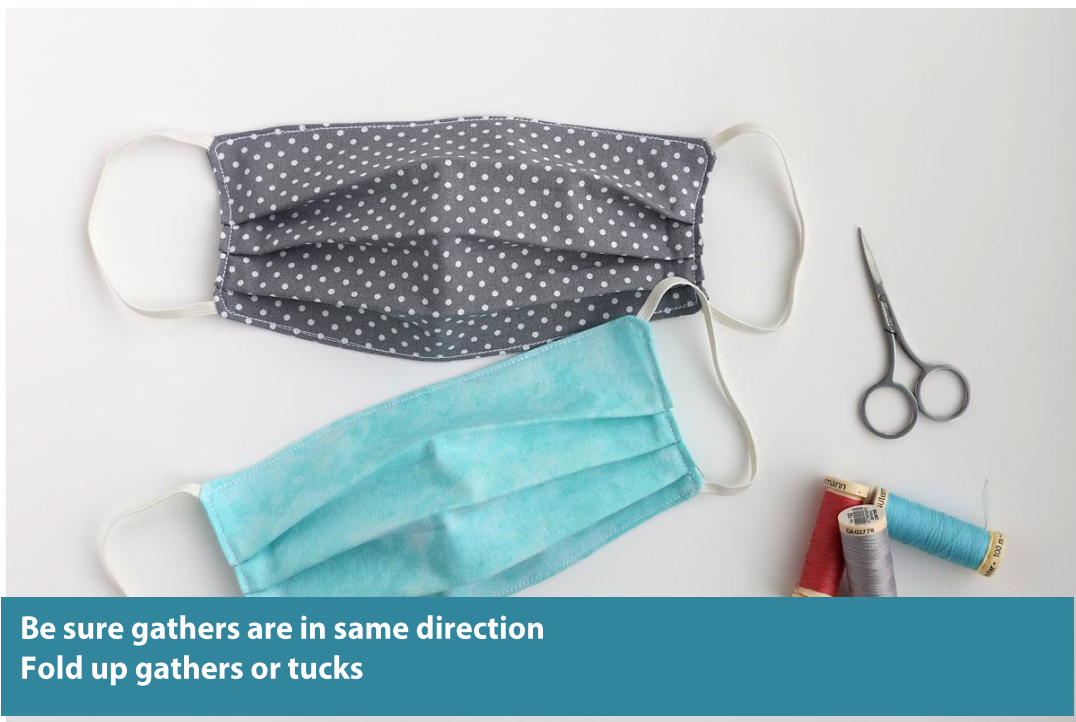
Items Needed:

- Tightly woven cotton fabric
- Rope elastic, beading cord elastic will work (you may also use 1/8" flat elastic)

Sizing is available for adult or child size masks

Instructions:

1. Cut the elastic to 7" long and tie a knot at each end (DO NOT knot the ends of the flat). Be sure any fabric design is placed horizontally.
2. Put right sides of cotton fabric together.
 - Cut 9"x6" for adult sizes
 - Cut 7.5"x5" for child sizes
3. Starting at the center of the bottom edge, sew to the first corner then stop. Sew the elastic with the edge out into the corner. A few stitches forward and back will hold this.
4. Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
5. Now sew across that top of the mask to the next corner. Again, put an elastic with the edge out.
6. Sew to the next corner and sew in the other end of the same elastic.
7. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
8. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction
9. Sew around the edge of the mask twice.



**Be sure gathers are in same direction
Fold up gathers or tucks**