

# Mental Health Resources

(Note: Some providers go to towns in surrounding area; you may want to ask if a provider comes to your community. Also, this list is not intended to be comprehensive and is provided for your convenience and for information purposes **ONLY**. Agencies/providers listed are **NOT** specifically endorsed by the Weight Management Center, CHI St. Joseph's Health, or Essentia Health Park Rapids.)  
**All that are highlighted provide psych evaluations for Bariatric Surgery**

**AdvantagePoint offers psych evaluations- [www.advantagepointbehavioral.com](http://www.advantagepointbehavioral.com) PH# 877-583-5633**

Location	Agency	Address	Phone	Website
Fargo, ND	Altendorf Counseling & Associates	1351 Page Dr. So.	701-478-4044	<a href="http://www.altendorfcounseling.com">www.altendorfcounseling.com</a>
	Resolve Behavioral Health	100 4 <sup>th</sup> St So. Suite 112	701-484-6137	<a href="http://www.resolvefargo.com">www.resolvefargo.com</a>
	Neuropsychology Associates( Kim LaHaise) ( no Medicare until later 2019)	1220 Main Avenue Sr 100	701-297-7588	
	Benson Psych Services	1308 23 <sup>rd</sup> St. So., Suite G	701-297-7540	<a href="http://www.bensonPsychservices.com">www.bensonPsychservices.com</a>
	Rural Psychiatric Associates	1202 23rd St. So. #3	701-478-7887	<a href="http://www.centerforpsychiatriccare.com">www.centerforpsychiatriccare.com</a>
	Family Health	301 NP Ave.	701-271-3344	<a href="http://www.famhealthcarefargo.org">www.famhealthcarefargo.org</a>
	Family Institute, PC	4955 17 <sup>th</sup> Ave. So., Suite 122	701-282-8510	<a href="http://www.familyinstitutepc.com">www.familyinstitutepc.com</a>
	Fargo Psychiatric Clinic	2704 Broadway No., Suite C	701-232-3100	<a href="http://www.fargopsychiatry.com">www.fargopsychiatry.com</a>
	Knowlton O'Neill & Associates, PC	1401 13 <sup>th</sup> Ave. E.	701-364-0060	<a href="http://www.koamentalhealth.com">www.koamentalhealth.com</a>
	Essentia Health Behavioral/Mental Health Jo Ellison, PhD	South University Clinic	701-364-8900	<a href="http://www.essentiahealth.org">www.essentiahealth.org</a>
	Lakeside Center for Behavioral Change	1450 25 <sup>th</sup> St. So., #139	701-356-1047	<a href="http://www.lakesidecenter.org">www.lakesidecenter.org</a>
	Southeast Human Services	2624 9th Avenue So.	701-298-4500	<a href="http://www.nd.gov/dhs/locations/regionalsc/southeast">www.nd.gov/dhs/locations/regionalsc/southeast</a>
Valley Christian Counseling	509 25th Ave. No.	701-232-6224	<a href="http://www.valleychristiancounselingcenter.com">www.valleychristiancounselingcenter.com</a>	
Grand Forks, ND / East Grand Forks, MN	Center for Psychiatric Care (active duty)	1451 44th Ave. So., Unit A	701-723-5527	<a href="http://www.centerforpsychiatriccare.com">www.centerforpsychiatriccare.com</a>
	Erin Haugen, PhD	725 Hamline St.	701-780-6821	<a href="http://www.grandforkstherapy.com">www.grandforkstherapy.com</a>
	Northwestern Mental Health Center (done in Crookston)	1424 Central Ave. NW East Grand Forks, MN	218-773-6102	<a href="http://www.nwmhc.org/">www.nwmhc.org/</a>
Alexandria, MN	Lakeland Mental Health Center (Ryan Voight)	1500 Irving St.	320-762-2400	<a href="http://www.lmhc.org">www.lmhc.org</a>
	Solutions Behavioral Healthcare Professionals, Inc.		320-762-5411	<a href="http://www.solutionsinpractice.org">www.solutionsinpractice.org</a>
Bemidji, MN	Jody Anderson	Integrative Health & Wellness 819 Paul Bunyan Dr.	218-444-3161	<a href="http://www.getintegrative.com">www.getintegrative.com</a>
	North Homes, Inc.	4225 Technology Dr. NW	218-751-0282	<a href="http://www.northhomesinc.org">www.northhomesinc.org</a>
	Northern Psych Services	403 4th St NW, Suite 110	218-759-2825	<a href="http://www.northempsychiatric.com">www.northempsychiatric.com</a>
	Wildgen Wilimek & Associates	1526 30 <sup>th</sup> St. NW	218-751-0887	
	Robin Hewitt, LMFT, LCC	1526 30 <sup>th</sup> St. NW	218-751-0887	
	Sanford Mental Health Center	722 15th St NW	218-751-3280	
Brainerd/Baxter, MN	Nystrom & Associates	13021 Evergreen Dr., Brainerd	218-829-9307	<a href="http://www.nystromcounseling.com">www.nystromcounseling.com</a>
	Northern Psychiatric Associates	7115 Forthun Rd. # 105 ,Baxter	218-454-0090	<a href="http://www.northempsychiatric.com">www.northempsychiatric.com</a>
	Essentia Health Behavioral/Mental Health	2024 So. 6 <sup>th</sup> St., Brainerd	701-364-8900	<a href="http://www.essentiahealth.org">www.essentiahealth.org</a>

Mental Health Resources (continued)

<b>Crookston</b>	<b>Northwestern Mental Health Center, Inc.</b>	603 Bruce St. P.O. Box 603 (Serves Kittson, Mahnomen, Marshall, Norman, Polk, & Red Lake Counties in NW No. Dak.)	218- 281-3940	<a href="http://www.nwmhc.org/">www.nwmhc.org/</a>
<b>Detroit Lakes, MN</b>	<b>Essentia Health Behavioral/Mental Health</b>	1027 Washington Ave.	218-847-5611	<a href="http://www.essentiahealth.org">www.essentiahealth.org</a>
	Lakeland Mental Health Center	928 8 <sup>th</sup> St. SE	218-847-1676	<a href="http://www.lmhc.org">www.lmhc.org</a>
	Gary Bowman, PhD	714 Washington Ave.	218-847-1676 (Ask for "Intake")	
	Dr. Aligada, PsyD	Sanford Health 1245 Washington Ave.	218-846-2000	<a href="http://www.sanfordhealth.org">www.sanfordhealth.org</a>
	<b>Solutions Behavioral Healthcare Professionals, Inc.</b>		218-844-6853	<a href="http://www.solutionsinpractice.org">www.solutionsinpractice.org</a>
<b>Fergus Falls, MN</b>	<b>Lakeland Mental Health Center</b>	980 Tower Road So.	218-736-6987	<a href="http://www.lmhc.org">www.lmhc.org</a>
	<b>Solutions Behavioral Healthcare Professionals, Inc.</b>		218-844-6853	<a href="http://www.solutionsinpractice.org">www.solutionsinpractice.org</a>
<b>Glenwood, MN</b>	<b>Lakeland Mental Health Center (Ryan Voight)</b>	100 17 <sup>th</sup> Ave. NW, Suite 2	320-634-3446	<a href="http://www.lmhc.org">www.lmhc.org</a>
<b>Grand Rapids, MN</b>	Northland Counseling Center	215 SE 2nd Ave.	218-326-1274	<a href="http://www.northlandcounseling.org">www.northlandcounseling.org</a>
	Toonstra Psychological Services Jeff Toonstra, MS, LP	107 SE 10 <sup>th</sup> St.	218-259-7424	<a href="mailto:jefft@paulbunyan.net">www.jefft@paulbunyan.net</a>
<b>Int'l Falls, MN</b>	Northland Counseling Center	900 5th St., Suite 305	218- 283-3406	<a href="http://www.northlandcounselingifalls.org">www.northlandcounselingifalls.org</a>
	<b>Essentia Health Behavioral/Mental Health</b>	2501 Keenan Dr.	218-283-9431	<a href="http://www.essentiahealth.org">www.essentiahealth.org</a>
<b>Moorhead, MN</b>	Lakeland Mental Health Center	1010 32 <sup>nd</sup> Ave. So.	218-233-7524	<a href="http://www.lmhc.org">www.lmhc.org</a>
	Prairie St. John's Clinic	2925 20 <sup>th</sup> St. So.	218-526-9036	<a href="http://www.prairie-stjohns.com">www.prairie-stjohns.com</a>
<b>Park Rapids, MN</b>	<b>A Better Connection</b>	266 Henrietta Ave. No.	218-252-2785	<a href="http://www.abetterconnectininc.com">www.abetterconnectininc.com</a>
	<b>Group Works (Dwight Fultz)</b>	201 1 <sup>st</sup> St. E.	218-366-2636	<a href="mailto:Groupworks13@gmail.com">Groupworks13@gmail.com</a> Or- <a href="http://www.groupworkswellness.com/">http://www.groupworkswellness.com/</a>
	<b>Essentia Health Behavioral/Mental Health</b>	705 Pleasant Ave. So.	218-732-6417	<a href="http://www.essentiahealth.org">www.essentiahealth.org</a>
	Lake Country Associates	515 Bridge St. E.	218-366-9229	<a href="http://www.lakecountryassociates.com">www.lakecountryassociates.com</a>
<b>Perham, MN</b>	Lakeland Mental Health Center	300 W. Main St.	218-736-6987	<a href="http://www.lmhc.org">www.lmhc.org</a>
<b>Pine River</b>	<b>Walker Ridge Psychological Services (Julie Huber)</b>	1720 48 <sup>th</sup> St SW	218-831-4930	
<b>Red Lake, MN</b>	Casey L. McDougall, Ph.D., LP	Red Lake Hospital 24760 Hospital Drive	218-679-3912	<a href="mailto:Casey.McDougall2@ihs.gov">Casey.McDougall2@ihs.gov</a>
<b>Roseau, MN Warroad, MN</b>	Lifecare Medical Center	715 Delmore Dr., Roseau, MN 201 Lake St. NW, Warroad, MN	218-463-4732	<a href="http://www.lmhc.org">www.lmhc.org</a>
<b>Staples, MN</b>	Dr. Paul Davis	Lakewood Health System 49725 County 83	218-894-1515	<a href="http://www.lakewoodhealthsystem.com">www.lakewoodhealthsystem.com</a>
<b>Wadena, MN</b>	Aaron Larson, MD	Tri-County Health Care 415 Jefferson St. No.	218-631-1360	<a href="http://www.tchc.org">www.tchc.org</a>
<b>Wahpeton, ND</b>	<b>Essentia Health Behavioral/Mental Health</b>	275 11 <sup>th</sup> St. So.	701-642-2000	<a href="http://www.essentiahealth.org">www.essentiahealth.org</a>

Mental Health Resources (continued)

Walker, MN	Essentia Health Behavioral/Mental Health	110D Michigan Ave. NW	218-547-6900	<a href="http://www.essentiahealth.org">www.essentiahealth.org</a>
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