



Mental Health Telehealth Resources

Provider Name	Phone Number	Accepting New Patients	Current Patients Only	* Notes
<u>Bemidji:</u>				
Wildgen, Wilimek & Associates	218-751-0887	X		
Sanford Mental Health	218-751-3280		X	
<u>Detroit Lakes:</u>				
Essentia Health	218-847-5611		X	
Lakeland Mental Health	218-847-1676	X		
Solutions Behavioral Health	218-844-6853	X		
<u>Park Rapids:</u>				
A Better Connection	218-252-2785	X		Mental Health Counseling Only
Essentia Health	218-732-6417	X		
GroupWorks Wellness	218-366-2636	X		
Lake Country Associates	218-366-9229	X		
Wellness Matters	218-255-3321	X		
<u>Walker:</u>				
Essentia Health	218-547-5900	X		

24 Hour Crisis Line: 1-800-422-0863
National Suicide Prevention Month: 1-800-273-TALK (8255)