

## Surgical Weight Loss Support Groups with St. Joseph's Health Park Rapids, MN

Place	Day	Time	Contact Person	Phone No.
ZOOM Video—you will get an email for the group link	Third Monday of the month	6:00 p.m.	Alicia Reardon, EP/NDTR	218-616-3377
ZOOM Video—you will get an email for the group link	Second Thursday of every month	6:00 p.m.	Alicia Reardon, EP/NDTR	218-616-3377
ZOOM Video—you will get an email for the group link	Every Wednesday	11:00 a.m.	Alicia Reardon, EP/NDTR	218-616-3377

**If there are questions about support group, please call Alicia Reardon at 218-616-3377 or e-mail her at [aliciareardon@catholichealth.net](mailto:aliciareardon@catholichealth.net).**